

## IMPORTANT INFORMATION

### AIRPORT ARRIVAL & SHUTTLE SERVICE

If you are arriving by air, a shuttle service (Elegant Limousine & Charter) will be provided from the San Antonio Airport (SAT) to the Mayan Ranch located in Bandera, Texas (1 hour from Airport).

**Please arrange your flights to coordinate with the Arrival/Departure Shuttle Schedule below as best you can.**

SHUTTLE ARRIVAL SCHEDULE (Thursday October 18, 2018)	
12:00PM	1:00PM
2:00PM	3:00PM
4:00PM	5:00PM

SHUTTLE DEPARTURE SCHEDULE (Sunday October 21, 2018)	
7:00AM	8:00AM
9:00AM	10:00AM
11:00AM	12:00PM

**Elegant Limousine & Charter will have a greeter in the luggage area holding a sign stating, "Mayan Ranch SA Aging Center Conference", Bandera, TX".**

If your flight arrives later than 5:00pm, please contact Louise Andrews ([andrewsl@uthscsa.edu](mailto:andrewsl@uthscsa.edu)) about limited transportation arrangements before the registration deadline (September 21). A confirmed shuttle schedule and boarding location for arriving flights will be forwarded to you no later than 5 days prior to your departure date, along with an emergency contact number. Because Bandera is located 50 miles from the airport, we encourage you to use the shuttle service. Any other type of transportation other than the above mentioned shuttle service or any arrivals prior to or after October 18<sup>th</sup> will be at the traveler's expense.

### LODGING

Lodging accommodations at the Mayan Ranch are included in the conference registration fee. Upon arrival at the Mayan Ranch, please check in at the Front Desk to obtain the key to your cabin and a map of the property. Housing is based on double occupancy. **Single room requests will be considered based on room availability.**

### MEALS

All meals are included in the registration fee. Breakfast will be served 7:00 – 8:30 a.m. Service times for the other meals will be as described in the conference program. Vegetarian selections are included in the meal buffets.

### **Cowboy Breakfast**

Sunday morning, you are welcome to attend the Ranch's "Cowboy Breakfast" from 8:15 – 9:30 a.m. (weather permitting) at no extra charge. The Cowboy Breakfast is an old fashioned, trail ride breakfast cooked outdoors chuck wagon style, accompanied by Country-Western music and held by the riverbed. Please sign-up at the front desk. Of course, you may eat in the regular dining room if you prefer.

**Note: If you would like to attend the Cowboy Breakfast, please arrange your departure flight to be able to leave on the 10:00 a.m. shuttle or later.**

## ON-SITE REGISTRATION

On-site registration will take place in the Roundup Room (located to the left of the front desk) from 4:00-6:00pm Thursday October 18<sup>th</sup>. This is where you will pick up your conference packet and name tags. If you are unable to register during this time please see the conference organizers before the conference starts on the day you are attending to pick-up your packet.

## ABSTRACT & POSTER PRESENTATION

Three short talks will be selected from the abstracts submitted by paid registrants to the meeting. Abstracts received after the September 21<sup>st</sup> registration deadline may not be included in the conference program booklet. Please follow conventional format for abstracts, 250-word limit and listing all authors with their academic affiliations. **Abstracts from this conference will published in the open-access journal, Pathology of Aging and Age-related Disease. If you do not wish for your abstract to be published, please inform Ms. Louise Andrews by email ([andrewsl@uthscsa.edu](mailto:andrewsl@uthscsa.edu)).**

The Poster Presentation will be held on Friday October 19<sup>th</sup> from 5:00pm-7:00pm under the covered pavilion. Poster size should not exceed 60"X42". Your assigned poster number will be found in the program booklet.

## CONFERENCE FACILITIES

The Mayan Ranch is located 50 miles NW of San Antonio, high in the beautiful Hill Country of Texas. The ranch has a number of recreational activities you can participate in during your stay. In addition, you may wish to bring a small flashlight because some of the cabin access areas become dark at night.

**Horseback riding:** Horseback riding is available daily. Please sign-up at the front desk during breakfast or lunch to reserve your spot!

For more information on the Mayan Ranch, please visit: <http://www.mayanranch.com/>

## WEATHER & ATTIRE

We suggest you wear comfortable walking shoes, because the terrain is a bit rocky. Casual dress and a light jacket may come in handy during your visit. Of course, an umbrella is always an option and maybe your cowboy hat & boots, to be in the right attire at the Dude Ranch. Weather in Texas can still be quite warm in October so please check on the weather to see what you should pack.

## REFUND POLICY

Requests for refunds must be made in writing by September 21, 2018. Refund requests may be sent by FAX to 210.562.6150 or by e-mail to [andrewsl@uthscsa.edu](mailto:andrewsl@uthscsa.edu). There will be a \$30.00 administrative fee for processing cancellations on or before September 21, 2018. No refunds will be made after September 21, 2018.

**If you have any questions, please contact: Louise Andrews, [andrewsl@uthscsa.edu](mailto:andrewsl@uthscsa.edu):  
FAX: 210.562.6150; VOICE: 210.562.6152; CELL: 830-444-7743.**